



The L.O.V.E. Prayer

By Jacqueline Fonseca de Abreu

May **The Big LOVE** protect the lives of all beings

May we **be ourselves and have relationships filled with love and peace**

May we **LEAD** our thoughts and choose the best ones to guide us

May we be **OPTIMISTIC**, happy, forgiving, strong, patient, persevering, and grateful

May we have **VITALITY** and great mental, physical, energetic, and spiritual health to act with kindness and compassion, to achieve our dreams and help others

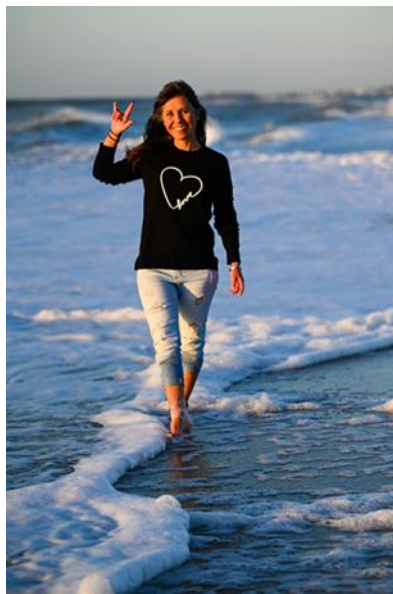
May we have more **EDUCATION** and humility to learn what we need, and teach what we know

May we live our life purpose and mission and **create a life we LOVE**

May we become more **conscious**, giving, empathetic, and understanding

May we embrace justice and use our power to **create a better world**

May we **EVOLve** and help others EVOLve by **sharing L.O.V.E.!**



Jacqueline 